

# Arkansas Foods

## What is ArFoods?

Arkansas Foods is a series of **mini-lessons, posters, newsletters, and tasting activities.**

The project was created in response to the need for more nutrition education resources in the cafeteria. This project focuses on 10 food features during the fall and 10 food features during the spring.

Each food feature will have a corresponding

- Mini-lesson
- Poster (mini and full-sized)
- Tasting suggestion or recipe
- Tasting surveys\* for each student
- Tasting stickers\* for each student
- Parent newsletter
- Window clings, and
- Clip art

Each cafeteria will receive an ArFoods display and aprons for each staff member for use on the day an Arkansas Food is served or tasted.

#ArFoods

Available  
Spring 2016

## How can I get ArFoods for my cafeteria?

Please **contact your county Extension agent** if you would like to host an ArFoods project in your school. A list of county agents and their contact information is on the back of this flyer.

## When will ArFoods be available?

Arkansas Foods will be released during **Spring 2016**. In the meantime, reconnect with your county agent and make plans to host ArFoods in your school.



# County Extension FCS Agent Contact Information

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