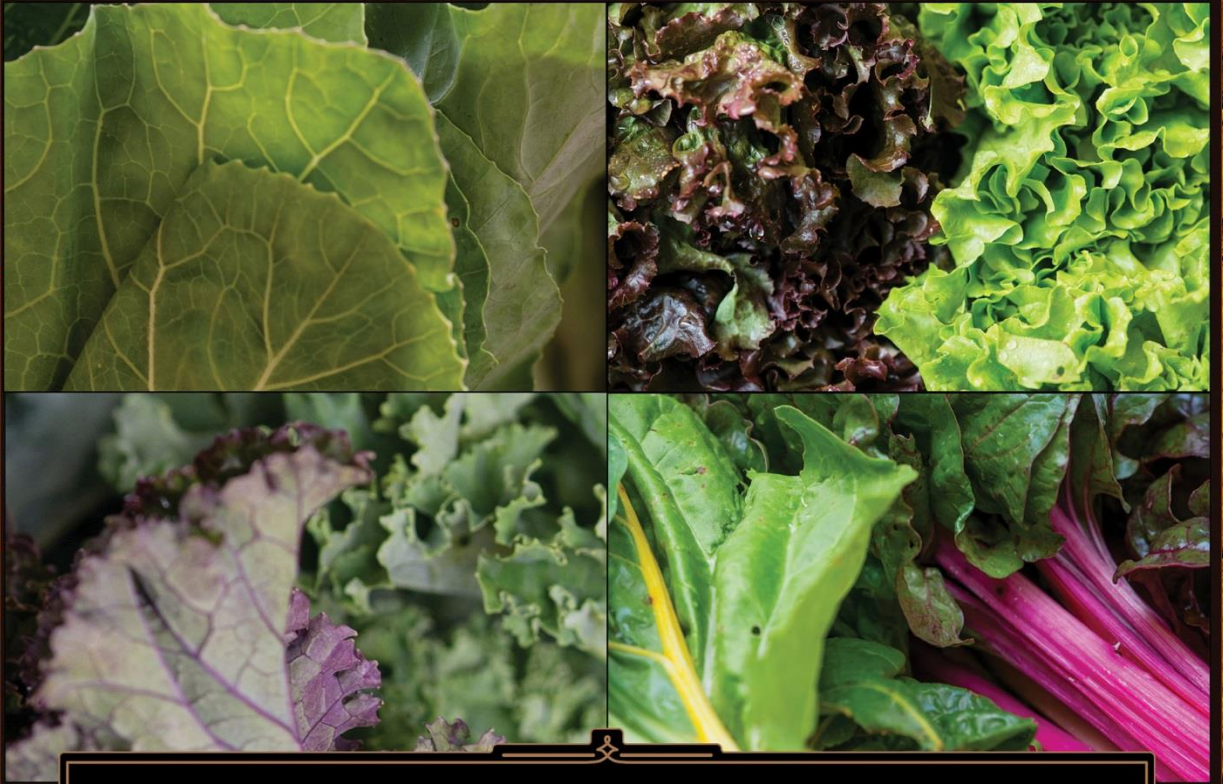


FAYETTEVILLE PUBLIC SCHOOLS

# HARVEST of the MONTH



## LEAFY GREENS



PRODUCE



PREPARE



PLATE

**Fact:** Leafy greens include lettuce, kale, swiss chard, collards, bok choy, and many more. They are quick and easy to grow at home. Leafy greens are harvested in Arkansas in spring and fall. Buy them from a local farmer at the farmers' market.



ARKANSAS  
GROWN  
PRODUCE